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The BACCHUS Network Newsletter

Area 12
November 2008

What's in this newsletter?

:: General Assembly in Ohio!!

:: BACCHUS: Blog



Hello Readers!

I really just want to say thank you to everyone! Being your SAC Representative this past year has been an absolutely an amazing experience for me. I can't express to you in words how much I've grown from this experience and wish that everyone could experience it. I've been able to meet and work with so many great people, I couldn't have imagined how this year as SAC could have been any better! I just hope that for this next year I'll still be able to continue to work with you all whether it be with BACCHUS or outside of it.

Thank you all again! It was amazing!

And as always...

If you have any comments, questions or concerns e-mail me at area12sac@bacchusgamma.org, I'd love to hear from you!

And also, please be sure to view this newsletter via a web-based browser so you will be able to view all the images and the layout!

General Assembly It's About That Time!

Mark Freeman

Student Advisory Committee

With General Assembly in Columbus, Ohio only hours away, how could you possibly hold in your excitement right now?!?! I know I'm about ready to burst at the seams!!!

I could probably go on for for a few pages on how excited I am, but how about some informatino you'd like to hear about, aye?

The Conference Program Book has been

Student Trustee Article

Tara Daniel

Student Trustee

This is my last electronic news article as Student Trustee, and looking back, I began the year talking about the diverse BACCHUS resources, so it is only appropriate I conclude my term discussing one of the newest resources developed to better engage the BACCHUS community in dialogue regarding health topics. The BACCHUS blog went live in September, and I believe its concepts resonate with what our experiences as peer educators and health professionals should be.

available online for a few days now and can be reached by click [here](#). You will receive one of these booklets at the conference, but if you'd like to take a peek it's there for you!

I'm very excited to see Area 12 has some great representation for presenting programs this We have all sorts of topics being presented by our affiliates and people in our area.

Here's what Area 12 is bringing to General Assembly!!

Hooked on Hookah

SPARKS Peer Educators

Elon University

Track: Tobacco

Have you ever heard of Hubble Bubble, Shisha, Narghile, or Gaza? Are you curious to find out what they mean? This program will explain all that and more. Hookahs are a growing social trend on many college campuses; it is often viewed as a safer, more exotic alternative to cigarette use. "Hooked on Hookah" is an interactive workshop designed to educate and inform students and staff about the dangers of hookah use and dispel the myths surrounding its use. Come be part of a new initiative to create awareness and understanding about the dangers of hookah use.

Building Blocks from the BURG: Enhancing Your Peer Education Group BURG Peer Education Network

Frostburg State University

Track: Student Leadership Development

Whether you've just started your group or you've been working at it for years, this high energy, highly interactive program will enhance your current peer education efforts. The BURG Peer Education Network will use its 21 years of experience to help share ideas from brainstorming, educational programs, recruitment and retention, stretching and teambuilding, leadership development, collaboration, fundraising and more!

The Pirates Make Hunger Walk the Plank The Healthy Pirates

The BACCHUS blog is intended to be used by the entire peer education community, from health professionals in the field for decades to first-year peer educators, and the BACCHUS national staff expects the blog to be equal parts information and discussion. One of the aspects of peer education I love most is this interchange between persons of different experiences and perspectives. As a community we have the same goal of wellness promotion, but our ability to perceive the health challenges we face from all angles facilitates not only the success of our programs, but enriches the experience and knowledge of all involved. The BACCHUS blog is another way for us to come together as a community and share our knowledge so that our approaches may be enhanced and individualized to fit our campuses.

Many postings on the BACCHUS blog center around health articles from the news, and working with college populations, it is crucial to remember we that do not operate in a vacuum. Our challenges change over time, and new health issues emerge. Staying-up-to-date with the issues allows us to design and redesign comprehensive programs within the context of our students' current concerns. New research postings can fuel additional directions for our goals and our programs.

The BACCHUS blog challenges us to be knowledgeable not only about the facts, but also about the values and perspectives surrounding them. In the tradition of the listserv, we can use our BACCHUS community as a resource to improve our approaches. We are able to stay informed, to contribute, and to translate our discourse into effective action, so visit the blog today!

<http://bacchusnetwork.blogspot.com/>

Sincerely,
Tara Daniel
Student Trustee

Sex Education to be Taught in All Primary Schools



East Carolina University
Track: Affiliate/Peer Education Group
Issues

The Pirates Make Hunger Walk The Plank is a program that will open your eyes to world hunger and give you knowledge and insight on how you can help reduce this epidemic. We will simulate a hunger banquet, show videos of global world hunger as well as ways you can help combat world hunger by starting a Million Meals Event in your area. The Pirates Make Hunger Walk The Plank is a great educational program that can be implemented at your university and in your community.

Kicking Butts 25 Feet at a Time

CROSSROADS Peer Educators,
University of North Carolina, Wilmington

Track: Tobacco

Is second-hand smoke dangerous? What impact does second-hand smoke have on non-smokers? You've heard about smoke-free restaurants, 100% tobacco-free high schools, and the 50 campuses across the country that are tobacco-free. What can you do to reduce exposure to environmental tobacco smoke on your campus? Why and how should you advocate for a change in policy? Join us in this session to separate tobacco myth from fact and see what we are doing to change campus culture. You will learn strategies for making an impact on your campus, even in a state with a strong tobacco history.

Bite the Bug Before It Bites You!

University of North Carolina, Wilmington

Track: Promoting Wellness & Healthy Lifestyles

Has the bug bitten you lately? Catching a cold or the flu produces a domino effect...someone falls sick and sure enough, one-by-one, it seems like everyone is missing class, feeling ill, and spreading more germs! So how can you be that one domino chip that miraculously doesn't fall? This program will introduce you to prevention practices that will boost your immune system and fight off a variety of ailments. Come enjoy an extremely

LONDON (AFP) - Millions of children in England aged from five to 16 in state-funded schools will receive compulsory lessons about subjects including sex and drug use, a minister said on Thursday.

Acknowledging, however, that the announcement raises "complicated issues," the government has appointed a headteacher to carry out a review into how the new proposals can be best implemented, given local circumstances and parents' values.

The new policy will apply to 6.5 million schoolchildren in 22,500 schools in England, a government spokesman told AFP.

Want to read more? Click [here](#).

entertaining and interactive program and discover how sanitary your daily behaviors really are! Not only will you become

Hopefully within those great programs you'll find some great information! And if you have questions, you can touch base with these presentors at our Area meeting.

Aside from programs, I encourage you all to network lots and lots with other groups! Get new ideas and connections with people outside just the information you'll receive in your breakout sessions.

And don't forget to dress nice for the Banquet dinner Saturday night! Think casual dressy. I know I'll be wearing dress pants and a tie. And I know girls usually wear slacks and a nice top. If you have any questions about that just contact me and I'll do my best to help!

Get ready for a BLAST everyone! Oh, and expect a gift from me at some point. =]

Safe Travels!

If you have any comments, suggestions or concerns about this newsletter, or information found it in, please e-mail me at area12sac@bacchusgamma.org. But please note: put "BACCHUS Area 12" at the beginning of your e-mail headline, so I can more easily navigate through my cluttered e-mail to find you.

Thank you again, and please forward this to your students, fellow peer educators and friends!

Sincerely,

Mark Freeman.
Student Advisory Committee
The BACCHUS Network
area12sac@bacchusgamma.org

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