



to a Safe Spring Break

Take the Pledge

Road Trip to a Safe Spring Break Pledge Card 2010

www.bacchusnetwork.org
www.friendsdrivesober.org
www.smartersex.org
www.tobaccofreeU.org

(please print clearly)

Name _____

School _____

Email _____

Address _____

City/State/Zip _____

Phone _____

The BACCHUS Network encourages you to have a Safe Spring Break this year. Whatever your plans are, make sure they include these tips:

- Remember, impairment begins with the first drink. Choose not to drink if you are driving, or be safe with a designated driver.
- Wear your seatbelt. Always. It's your best protection in a crash.
- Respect other peoples' right, and your own, to choose not to drink.
- Respect state laws and campus policies.
- Stay out of dangerous situations involving alcohol, whether in a car, bar or bedroom.
- If a friend drinks to the point of passing out, alcohol poisoning is a real danger. If you're concerned, seek medical attention. Better safe than sorry!

Have a Great, and Safe Spring Break!



to a Safe Spring Break



The BACCHUS Network Safe Spring Break Pledge

- I promise not to drink and drive during Spring Break, or let any of my friends get behind the wheel impaired.
- I will not ride in a car when the driver has been drinking.
- I will wear my seatbelt, whether I'm the driver or passenger.
- I will watch out for my friends, take care of myself, and do what I can to plan for a Safe Spring Break!

Signed _____

Pledge Collection Contest – winning prize drawing of \$250 for BACCHUS affiliated campuses that submit a Safe Spring Break pledge spreadsheet. The spreadsheet, contest instructions, and contest rules can be found at:

<http://www.bacchusnetwork.org/safe-spring-break-campaign.asp>

Photo Contest - winning prize drawing of \$250 for campuses that submit a Safe Spring Break road trip safety photo. Contest rules can be found at:

<http://www.bacchusnetwork.org/safe-spring-break-campaign.asp>

Submit photos of: tire checks, buckling up, taking a rest break, anything safety oriented!